

Roaring 40's

March 2019



Official publication for Apex 40 Australia Inc
Apex 40 Australia Inc is the recognized body of affiliated past Apexians groups



Vistas of Leeton



Julie's Jottings

Hello everyone. A new year has begun and once more we are heading for the next Rort. It has been a quiet period again as far as Apex 40 doings, not many Christmas photos and very few reports from Sub-groups.

One big news item has been the awarding of an Order of Australia Medal to Les Moulds of Inverell Apex 40. On reading through the document it shows that it is richly deserved. Congratulations Les (and Yvonne who would have played a large supporting role in all of these activities.)

We are currently looking at improving our website and you could all help by sending any relevant photos to our Webmaster whose address is on the back page of Roaring 40's. Our Constitution is also there now for your reading pleasure.

My term as Newsletter Editor is ending with this edition and we are looking for a new editor, so please consider this. It is not an arduous job, it requires only a couple of days effort every few months. Please contact me if you want more information or are interested.

**Julie Primmer, Sunraysia
Editor, Roaring 40's**



President's Report

Bryan Spencer (Yvonne) Nepean Valley

Greetings and salutations to all members.

WOW - 2019 is truly underway. Is it just because we are getting older that time seems to "speed up"?

Thanks to our editor, Julie for organizing this issue prior to our 2019 Rort in Leeton.

Nothing major has occurred on the National Board front, hence a short report.

We have almost 110 Registrations for the Rort so far. I expect more members will add their names in due course. I am sure the Leeton team members led by Mark Carter are pleased with the support. In particular, the Post Rort tour has over 40 at this stage. Very impressive.

Kevin and Liz Huxham are O/S at the moment, but have commenced with the organizing of the 2020 Rort. They will have full details, registration packs, forms etc. ready for members in Leeton. Ken Wright, our 'IT Guru' and webmaster is working with Kevin for online info and registration details.

On behalf of the Apex 40 family, it is my great delight to congratulate Les Moulds (Apex 40 Inverell) for being a recipient of the OAM in the Australia Day Honour Awards.

The contribution by Les (ably assisted by his lovely wife Yvonne) to the Inverell township and community is without parallel. Les, we all salute you for this much deserved recognition.

Food for thought : all members of Apex 40 are getting older with many in their 80's.

What will this great organization dedicated to "continuing fellowship" be like in 8 or 10 years time? This is a question a number of us have raised from time to time, but of course we don't possess a crystal ball.

One dilemma is the lack of Apex Clubs to draw members from. Feel free to email your thoughts on this topic so National Board can at least have some members' points of view. I would be pleased to get comments. After all this is YOUR APEX 40 I am talking about. We need input.

POSITION VACANT : With Julie as our incoming National President and currently editor of the Roaring 40's, we need a replacement editor. Please consider taking this position on. I am sure Julie will be only too happy to talk to a member in this regard.

Let us all hope 2019 is a year of good fellowship and good health.
Yours in Apex 40,
Bryan Spencer. National President.



**Membership and Secretary
Col Ramsay**

Hello to all members and welcome to 2019.

Christmas has come and gone and we are fast approaching Easter and the LEETON Rort.

Our Facebook page is continually being more informative where you can keep up to date with Apex 40 members and their latest happenings.

As usual, our WEB Master, Ken has all sorts of interesting pictures and article covering all things Apex 40. Take the time to scan the pages and keep up to date with all things Apex 40.

<https://apex40.com/>

On the Secretarial front, this time of year it is work time for both myself and Keith Miller our Treasurer, with membership renewals coming in thick and fast. A special thank you goes to those who managed to get their renewals and monies in early, this helps greatly in preparation for the upcoming AGM. Fees this year are again only \$7.50 per member so, if you have not managed to do so as yet, please post off your cheques or Direct Deposit monies into Westpac Wynnum branch Apex 40 Account:

BSB: 034 053

Account: 308848

Oh, and don't forget to let me know your current members names and detail, especially those that have changed

2019 Rort Report:

May 2019 is fast approaching when our members will "Continue the Fellowship" and catch up with good friends made in Apex and Apex 40. Leeton RORT is booming, with 115 Rorters and 44 Post Rorter already booked. If per chance you have not managed to book in yet, come along and join the Fellowship. This, like past Rorts, is shaping up to be spectacular thanks to Mark Carter and his great team.

Register on-line or download the registration form and post it to PO Box 5204, Manly, 4179.

<https://apex40.com/2019RORT.html>

Wishing all a Prosperous, Safe, Healthy 2019!

See you in Leeton >>>>>>>>>>>>>>>

YIA40 (Yours in Apex 40),

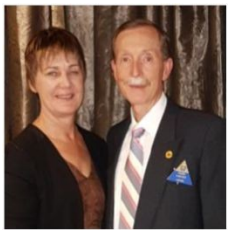
Col Ramsay

Secretary



**Treasurer
Keith Miller**

The closing date for the discounted early bird registration fee for the 2019 Apex 40 Australia Inc RORT to be held at Leeton NSW on 3-6 May was 31/01/2019. There are still plenty of vacancies, and members are encouraged to register for what promises to be another great RORT, however registrations received from 31/01/2019 will be charged at a post-discount higher rate. We only have a couple of attendees who have not finalised payment, and I will be following up with those people soon. Membership fees are still coming in, so check with your sub-committee to ensure that they are financial.



**International Relations and Apex Liaison
Mark Carter**

Little correspondence/communication has been had with Apex Australia over the year. In the past we have had the National president at our RORT however this year as registrations, draw to a close, I have not had any contact from recently inducted National President, Neil Molineaux from South Wagga Apex Club. I will endeavour to contact him to see if he is available. I also see a past patient of mine for many years Tim Sheather has been inducted as South Wagga President. Well done Tim! On the International Relations front as most will be aware, Kevin Huxam organised a trip to South Africa. In speaking to some who attended, a wonderful time was had by the group. Thankyou Kevin for organising this trip. There is a possibility that another South African trip will be happening (I have heard indirectly) and it looks like being organised by the 41 Club in England. This I will follow up and report any possibilities for our Apex 40 members who were unable to attend the last event. Once again a big thankyou to Joanne for her assistance and help over the year

Leeton Rort Report

This Saturday sees our first Rort meeting for the year, the last being in November, although I have personally been checking, adding, subtracting, scanning and confirming various details during most weeks. We have a fantastic core committee, with other members ready to help out as well. All aspects are falling into place and with a bit of luck all will go well and the Leeton Rort will be enjoyed by all attendees. Numbers for the RORT look good and we have a nearly full coach for the Post Rort. On a side note the Temps in Leeton for May are around a high of 20 and overnight 10. Looking forward to seeing you all in Leeton



**Webmaster
Ken Wright**

The upgrade of the Webpage has been taking longer than expected due to time constraints, this should soon change. I should mention however, when changes are requested, they are attended to within a couple of days as with the recent change to the booking form for the Leeton Rort requested by our Treasurer and also making the constitution available on the website. To ensure I have the webpage and booking forms available in Leeton for the 2020 RORT in Bargara, I have recently been in contact with Kevin Huxham to begin the process which I expect will take several months to create and test etc.

Around the Sub-Committees:



Hervey Bay

Redlands



President Charlie returned from his travels.



President elect Sue ready to go.



Wynnum Manley



XEPA

Roaring 40's March 2019



Around the Sub-Committees

New South Wales

Alstonville 740 kms north of Sydney

Byron Bay 760 kms north of Sydney

Blue Mountains Crest 100 kms west of Sydney

December - Since our last get together we have had lunch with the Nepean Valley Apex 40 Club and there was a fine turnout from both clubs.

January - One of our projects for the past year was the Apex Chalet Magic Castle and Kerry McGill joined a group of Apexians over January for a Working Bee and I believe he also did some cooking. The next meeting will be at John and Elizabeth's at Medlow Bath for a coffee meeting

Great 8 Hunter Valley 170 kms north of Sydney

Inverell 560 kms north west of Sydney

Leeton 590 kms south west of Sydney

Leeton club membership remains healthy and sits around 40 with the addition of a new couple at Christmas time whilst we enjoyed our Christmas Party at Morundah Pub.

We continued our one and only community service venture with our donuts at the "Light Up Leeton" festival in the park three weeks before Christmas. The Club executive remains the same as it has done since inception so I suspect all are happy.

Lismore 745 kms north of Sydney

Manly 15 kms east of Sydney

Moree 640 kms north west of Sydney

Nepean Valley 60 kms west of Sydney

Wyong 100 kms north of Sydney

Last meeting at the Garden Centre was a very pleasant day and we saw the return of Daphne and Don Bradford after their long travels. Next meeting was scheduled for 25th November at Club Toukley .

Queensland

Caloundra 103 kms north of Brisbane

Curtis Coast 530 kms north of Brisbane

Maryborough 290 kms north of Brisbane

Hervey Bay 290 kms north of Brisbane

Maryborough 290 kms north of Brisbane

Redlands 35 kms south east of Brisbane

December meeting was held at Grand View Hotel, Cleveland. For discussion is a trial run in February, for a week day get together is on the agenda. Which day suits you best – Tuesday or Thursday? It was pleasing to have 3 members accept board positions, unfilled at the AGM. Pauline Denisenko as the Secretary, Ross Pollock as Treasurer and Allan Tully as Deputy Treasurer.

We look forward to an enjoyable 2019 with our first get together being a trial midweek lunch at Club Macleay on Macleay Island, Thursday, 21st. February.

Wynnum Manly 20 kms east of Brisbane

We had a most enjoyable Christmas Party, with most members in attendance including Daryl Mercer who came from Iluka. Thanks to all who helped out for this event.

We have received permission to hold our next outing at the Wynnum Manly Yacht Club, on Thursday, 14th February, 2019, at 11am. It is Valentines day, so you may like to dress up a little for the occasion

Xepa Great South East 30 kms south east of Brisbane

South Australia

Adelaide Hills 35 kms south east of Adelaide

Tasmania

Devonport 255 kms north west of Hobart

Launceston 200 kms north of Hobart

Victoria

Bendigo 153 kms north of Melbourne

Dandenong Valley 35 kms south of Melbourne

Geelong 73 kms south west of Melbourne

December meeting is our Annual Christmas Dinner with partners and Trivia Night at Belmont RSL

Melbourne-Gippsland 40 kms east of Melbourne

Melbourne Nor-westers 22 kms north west of Melbourne

Souwest 270 kms south west of Melbourne

Sunraysia 546 kms north west of Melbourne

November meeting was cancelled due to unforeseen circumstances. The next meeting is planned for March.

Members At Large

XEPA

Alan and Mary recently returned from the Apex 40 Tour of South Africa and commented on the wonderful time afforded them by the South African 41ers.

Peter and Sally both stood down from their positions at the November AGM and Mark and Alan were elected in their place. Ten Xepa members have registered for and looking forward to attending the 2019 Leeton Rort.

Last Sunday, Mark Tramby was elected President and Alan was elected secretary.

Apex Foundation

Check this link for all the latest news. <http://www.apexfoundation.org.au>

International 41

These newsletters make very interesting reading. They can be accessed at this webpage: www.41international.net. The newsletters are at this link -

<http://www.41international.net/2016/01/41-publications/>

Kelab Apex 40, Kuala Lumpur **Morning Walk**

The club organises morning walks every 1st Saturday of the month and this month the walk will be held between 7.00am – 8.00am on the Saturday 3rd November 2018 at Lake Gardens. Members are requested to bring friends and prospexians. After the walk we will proceed for breakfast.

Service Project

In conjunction with Deepavali we will be organising a Lunch for the 40 inmates of the Sri Raghavendra home at Jalan Limbok Seremban at 12.00pm on Saturday 17th November 2018. The cost of the lunch will be borne by the clubs. However members may donate any foodstuffs such as Biscuits, Rice Packets, Milo or other edible products that could be used for the inmates of the home.

Concluded Installation Dinner

The Club had their Installation Dinner on Saturday 22nd September 2018 at the Lucky Palace Restaurant S2 Seremban. We wish to Thank the National President Apexian Sritharan Kunjamboo, NVP Apexian Ravin Karunanidhi NIRO Apexian Lily Kaur, Visiting Apex Members from Petaling Jaya and Kuala Lumpur. Only about 32 members and friends were present but it was a cosy and good event.

What was happening in the world 50 years ago

The big event was Neil Armstrong's "That's one small step for man, one giant step for mankind"

HMAS Melbourne slices USS Frank E Evans in half killing 74 crew.

First Concorde test flight.

The Microprocessor was invented opening the way for the computer revolution that followed.

At Lake Mungo in south western NSW archaeologists conducting excavations in a barren area eroded by the wind in the Willandra Lakes region over 100 km north of Mildura, discovered the cremated remains of a young woman which could be dated to about 26,000 years ago and proving evidence of Aboriginal settlement of up to 40,000 years.

World leaders - Australia, John Gorton; Canada, Pierre Trudeau; France, Charles de Gaulle; India, Indira Gandhi; Russia, Leonard Brezhnev; USA, Richard Nixon; UK, Harold Wilson.

Popular Films -The Love Bug, Butch Cassidy and the Sundance Kid, True Grit, Midnight Cowboy and Australia's You Cant See 'Round Corners.

Sydney production of the rock musical Hair opened and Division 4 commenced on TV.

We were listening to - Russell Morris, The Real Thing; Bee Gees, I Started A Joke; Don Lane, You're Everything; Johnny Farnham, Raindrops Keep Falling On My Head; Roy Orbison, Penny Arcade; Rolling Stones, Honkey-Tonk Woman; Johnny Cash, Daddy Sang Base.

Fashion was creating a stir with mini skirts and beehive hair styles on females, droopy moustaches on men and bell bottom trousers, tie dyed shirts and long hair for both.

3rd - 6th May 2019



Leeton

APEX 40 RORT

www.apex40.com

Post RORT 6th - 10th May 2019

The Riverina in Southern NSW is always great place to explore and to enjoy.

In 2019 the Apex 40 members will have the chance to discover the food bowl of Australia. An area that is steeped in farming history and is part of the Murrumbidgee Irrigation Area.

So prepare yourself for a taste of country hospitality.

The RORT will run from Fri 3rd May to Mon 6th May 2019. It will be then be followed by a POST RORT Tour finishing on Friday May 10th.



Leeton
Tourism

Leeton Visitors Information Centre - 10 Yanco Ave Leeton Phone (02) 6953 6481
www.leetontourism.com.au
Apex 40 RORT information - Email: leetonrort@apex40.com

THE RORT 3rd - 6th May 2019

Thursday (early arrivals)

Registrations open at the Visitors information Centre 1pm to 4pm.
Phone 02 6953 6481 Email: enquiries@leetontourism.com.au

Friday

Registrations open at the Visitors Information Centre 1pm to 4pm.
Activities available during day include Fivebough Wetlands 1 hour tour, town Art Deco Guided walk, Murrami Rocking Horse Museum and Murrami Randall Organic Rice cake production. (see web page or booking form for details).

Welcome Social at the Leeton Soldiers Club - Bus pickup from 6pm.

Saturday

8:30am Leeton Town Tour by coach.
Morning tea at the Leeton Visitor Information centre.
Travel to Southern Cotton Gin for a guided tour.
Lunch at the Darlington Point Soldiers Club.
Altina Wildlife by horse drawn or motorised cart. An up close and personal experience followed by a cuppa, biscuits and slices.
Dust off your Akubra and RM Williams gear and join us for our themed outback night at the Leeton Soldiers Club with great tucker and great music from our bush band.

Sunday

8:30am Coach departs for Narrandera Fisheries for a guided tour of native and endangered species of the Murray Darling Basin river system.
Glendale Farm tour and Morning tea by the Murrumbidgee River.
Bus back to Leeton for AGM and lunch.
Dinner will be at the Iconic Roxy Theatre with a live band and dance music from the 40's to the 70's.

Monday

Farewell breakfast at the Leeton Soldiers Club from 7:30am.
Coach departs for Post RORT Tour at 9:30am.

Accommodation

Leeton Caravan Park 02 6953 3323 .
Leeton Heritage Motor Inn 02 6953 4100
Motel Riverina 02 6953 2955



THE POST RORT 6th - 10th May 2019

Following the farewell breakfast, the POST RORT TOUR will begin and includes coach travel, accommodation and most meals. Eskies will be on the coach to store all your gourmet fine foods.

Monday

On our way to Darlington Point we'll have a short stop at Jodie Heath's for a selection of cured/smoked handmade smallgoods, then on to Yarrow Park for some olives and wine tasting, including morning tea. After which we head to Hay to Shear Outback for a tour, demonstration and lunch. After leaving Shear Outback we go to our accommodation for a short break, then onto Bishop's Lodge for our evening meal.

Tuesday

After breakfast, we start the day with a town tour including the Hay Gaol, Museum and Cultural centre. Before leaving Hay, enjoy morning tea at the Hay Visitors Centre. We then travel to Corrinya Station at Carrathool where Bruce and Julie Armstrong will host our lunch along with some station insights. We then travel to Griffith with a stop on the outskirts at Calabria winery. Our overnight stay will be in Griffith, where we will also enjoy our evening meal.

Wednesday

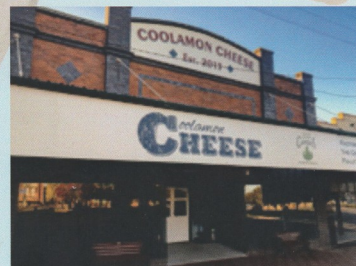
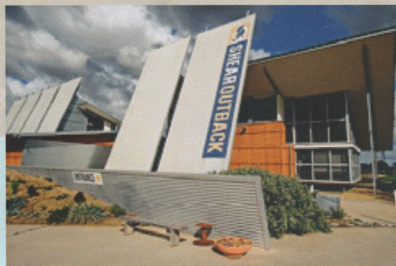
After breakfast, we'll begin with a Coach tour of Griffith and local points of interest. Lunch will be at DeBortoli Winery, where the matriarch, Emeri DeBortoli will give a brief history of the winery and has agreed to open her extensively awarded garden for us to enjoy. After lunch, we have a quick stop in Barellan and Aria Park before arriving in Temora for a town tour, then for some a guided pub crawl with local history. You will be dining tonight at the Temora Ex-Servicemans Club.

Thursday

After a hearty breakfast we visit the Rural Museum with a commentary and morning tea, then off to the the Aircraft Museum. We then head to Junee where lunch will at the Junee Rail Station Café, after which, we visit the Junee Roundhouse and/or Monte Cristo before being dropped at our accommodation. Dinner will be at the Junee Licorice and Chocolate factory, hosted by the Druce family. The retail shop will open exclusively for post Rorters.

Friday

After breakfast our first stop today is at the Coolamon Cheese Factory. You will have time to enjoy a self guided town walk to see its unique offerings. Then onto Lockhart to visit the Golder Wool Gallery to see landscapes and portraits using natural wool. Lunch will be a traditional pub lunch at the famous Morundah Pub. After lunch we are off to Leeton which will complete our Post RORT Tour.



3rd - 6th May 2019



Leeton
APEX 40 RORT



Thankyou
for registering

Post RORT 6th - 10th May 2019

**2 EASY WAYS
TO REGISTER**

Online through the website: www.apex40.com

Mail this form: 2019 Apex 40 RORT
PC Box 5204 Manly QLD 4179.

Rorter 1: First Name: _____ Surname: _____
Street Address: _____
Town: _____ State: _____ Postcode: _____
Email: _____ Country: _____
Sub Group/ Mal or Organisation: _____
Food allergies, mobility or other issues: _____
Tel: _____

Rorter 2: First Name: _____ Surname: _____
Street Address: _____
Town: _____ State: _____ Postcode: _____
Email: _____ Country: _____
Food allergies, mobility or other issues: _____
Tel: _____

Friday Early Arrivals Info:

Although the RORT does not commence until 6pm we have arranged a number of activities. If you are interested and wish to participate in any of these activities, please tick the associated box(s) for booking purposes.

- Fivobough Wellands (RAMSTAR rated) free tour - 10am for 1 hour.
- Town Art Deco free Guided Walk - 1:30pm for 1 hour.
- 9:30am Murrarni Rocking Horse Museum - 15min Drive. \$7.50 entry fee. 2 Sessions.
- 1:30pm Morning Tea (Home Cooked) at the Murrarni Rocking Horse Museum. \$7.50pp extra.
- 11:00am Randall Organic Rice. Rice cake and flour production - \$5pp. (refunded with purchases).
- 2:00pm 5min drive past Rocking Horse Museum. 2 Sessions available - Tour approx 1 hour.

Registration Details

Prices are based in \$AUS and are subject to change.

- Rorter 1:** RORT Registration \$360 Early Bird Registration with full payment made prior to **31st January 2019**.
- RORT Registration \$385 for people registering after **1st February 2019**.
- POST RORT Tour Registration \$690 - (Minimum 30 people - price may be adjusted if fewer than 30 register). Single supplement is \$45.00.

Total for RORTER 1: \$

- Rorter 2:** RORT Registration \$360 Early Bird Registration with full payment made prior to **31st January 2019**.
- RORT Registration \$385 for people registering after **1st February 2019**.
- POST RORT Tour Registration \$690 - Minimum 30 people.

Total for RORTER 2: \$

Total full price for Rorters: \$

Deposit Paid: \$ Minimum \$100 p.p. for RORT and \$100 p.p. for Post RORT.

RORT balance owing: \$ to be paid by 28th February 2019.

Accommodation

It is your responsibility to book your accommodation for the RORT. Please indicate where you will be staying.

- Leeton Caravan Park. Vans Sites and Cabins Yanco Ave Leeton. Tel: 02 6953 3323
- Leeton Heritage Motor Inn 29 Yanco Ave Leeton. Tel: 02 6943 4100
- Motel Riverina 1 Yanco Ave Leeton. Tel: 02 6953 2955

Please choose one. If you are staying elsewhere you will need to make your own way to one of the above addresses for bus pickups.

POST RORTERS - Do you require storage for your car, caravan or motorhome: Please let us know the size and if you require power?

Travel

If your arriving and departing by air, please read the travel info page. Let us know your flight details including times, Flight number, Airline Company and which airport you are flying into - (our preferred airport is Leeton/Narrandera) where we can offer transfers.

Do you require transfers?

Payment and contact details

Cheque made payable to: (Apex 40 Australia Inc).
2019 Apex 40 RORT
PO Box 5204 Manly QLD 4179.

EFT: (Use your surname & last 6 digits of phone number as reference).
Account name: Apex 40 Australia Inc
BSB: 034 053 Account: 351301.

Mark Carter: Tel: (Afterhours Only) (02) 6955 7041 or Mobile 0477695331
Email: leetonrort@apex40.com

3rd - 6th May 2019



Leeton
APEX 40 RORT

www.apex40.com

Post RORT 6th - 10th May 2019

Accommodation and Travel Information

Accommodation

** All Prices based on January 2018 tariffs and may change. Prices are based on 2 people with a minimum 3 nights. Extra nights at same tariff.*

Leeton Caravan Park
Yanco Avenue, Leeton
Tel: (02) 6953 3323
www.leetoncaravanpark.com.au
email: leetoncp@bigpond.com.au

Powered Site	\$30 per night
Unpowered Site	\$25 per night
Cabins	\$100 per night includes linen

Leeton Heritage Motor Inn
27 Yanco Avenue, Leeton
Tel: (02) 6953 4100
www.leetonheritage.com.au
email: stay@leetonheritage.inn.com.au

Apex 40 Rorters will receive a \$10 per night discount with a minimum 3 nights. Phone and email bookings only by January 31st 2019.

Motel Riverina
1 Yanco Avenue, Leeton
Tel: (02) 6953 2955
www.motelriverina.com.au
email: stay@motelriverina.com.au

Queen	\$125 per night
Upstairs Double & Single	\$120 per night
Queen & Single	\$150 per night
Queen & 3 Single	\$180 per night

Travel Choices - Air

Leeton/Narrandera Airport is our preferred airport which is serviced by Regional Express Airlines (REX) with 3 flights a day out of Sydney only. The RORT committee will provide complimentary transfers for each flight. As there are limited cheap fares on each flight, it is suggested that you book as early as possible.

Travel Choices - Road

Leeton is located in the Riverina area of Southern NSW.
From Sydney it is 560km or about 6hrs. From Brisbane it is 1250km or about 14hrs via the Nowell Hwy.
From Melbourne it is 461km or just over 5hrs.

Keep sending in your pictures, club notices and general stories of interest so they can be shared with the rest of the Apex 40 community through our *Roaring 40's publication*.



WEB: www.apex40.com

FACEBOOK: <https://www.facebook.com/groups/1543334949270004/>
Or search for Apex 40 Australia Inc

NATIONAL PRESIDENT

Bryan Spencer (Yvonne)
Tel: 02 9623 6820
Email: president@apex40.com

NATIONAL SECRETARY & MEMBERSHIP

Col Ramsay (Phyl)
PO Box 5204, MANLY, Qld 4179
0419 253 030
Email: secretaty@apex40.com

INTERNATIONAL RELATIONS AND APEX LIAISON

Mark Carter (Joanne)
Tel: 02 6955 7041
Email: iro@apex40.com

2019 RORT CONTACT

Mark Carter
02 6955 7041

NATIONAL VICE PRESIDENT

Julie Primmer
0417 558 591
Email: vicepresident@apex40.com

NATIONAL TREASURER

Keith Miller (Racheal)
Tel: 02 4647 3203
Email: treasurer@apex40.com

ROARING 40'S EDITOR

Julie Primmer
(M) 0417 558 591
Email: roaring@apex40.com

APEX 40 WEBSITE

Ken Wright (Janice)
Tel: 02 4735 3037
Email: web@apex40.com

Name badges (\$10), Lapel Badges (\$10) and Apex 40 Sticker (\$4), including postage can be obtained through the National Apex 40 Secretary.

Always ring or email first to check availability or any postage cost changes.

